PRINCIPAL’S REPORT

Dear Parents and Friends,

Reports
We are currently preparing Semester 1 reports. These will go home in the last week of term. There is a difference for English in the Year 1 to 6 report this year. Due to the introduction of the new syllabus there is one grade for achievement in English overall. The Department is currently looking at changes to reporting to match the new syllabus but until this is completed we have been advised to just give a single grade. The majority of our students work very hard and they are to be congratulated for their achievements. Of course, we all have areas where we can be improving and we try to show students and parents the “where to next” in their reports.

There are no formal interviews this term but please feel free to request an interview if you feel it necessary. Our teachers are more than happy to have a chat about any concerns you have.

Star Awards and Awards of Excellence
Students have received Star Awards at the last two assemblies. Congratulations to all those students who received an award for their hard work. We are proud of you all. On the last day of term we will hold our Awards of Excellence morning tea to celebrate those students who have received three or six Star Awards over the years. It is an exciting time of the year when we get to celebrate student achievement.

Dance-a-thon
Our Dance-a-thon last week was a lot of fun, as well as being a great fitness activity. I walked around visiting all the classrooms getting to see all of the dances. I was very impressed with our students’ dancing prowess as well as our teachers. We had the chicken dance, twisting (down to the floor), the bus stop, and time warp to name a few. Brings back memories, doesn’t it!

We are hoping to purchase another full set of iPads (32 in total = $12 500) with the funds raised so please make sure you send in those funds ASAP, we had just over $5 000 at last count. Again thank you for all your support, we couldn’t do it without you.
Emergency Evacuation Practice
We completed our practice in the damp the other day. It actually gave us a chance to discuss what we would do if there was an evacuation in wet weather. All went according to plan. Our children are very well behaved when we do these mandatory drills and are well versed in what they have to do.

School Invoices
Invoices for 2014 have been sent home. We know that you are all supportive of our school and hope that you can make payment as soon as possible to help fund our school projects. I would like to thank all those parents who have already paid and am very grateful to the large percentage of parents who have added a donation. This will help us to continue the exciting programs we run within the school.

Grassed Areas
We are fortunate to have lovely grassed areas in our school. However, these areas take a lot of maintenance given the volume of traffic. Could parents please use the concrete walkways within the school to walk around. I know sometimes it takes a little longer but the grass cannot take the wear and tear. Our students are asked to use the walkways and this sets a good example for them.

Have a great fortnight,
Anne Forbes
Principal

DEPUTY PRINCIPAL’S REPORT

Well-rounded students!
I am constantly amazed by the amount of extra-curricular activities our students at Ironbark Ridge engage in. The groups run by our fantastic teaching staff include debating, public speaking, sports teams, choir, dance groups, chess, Tournament of Minds and many more. As a community we know how much you value a well-rounded education and enjoy the opportunities presented to our students through these activities. Congratulations to all of our students who participate so successfully.

Professional Learning
Teachers are currently working together on a number of professional learning goals as part of our school's priorities. The introduction of new technologies to support the development of 21st Century Learning has meant various staff development sessions on tablet and iPad use in the classrooms. The introduction of new NSW syllabus documents in English (this year), Maths and Science (in 2015) and other learning areas (2016 and beyond) is providing staff with fresh opportunities for improving our teaching practice. Thirdly, our ongoing focus on student wellbeing keeps us busy planning and implementing new ideas such as the introduction of our mascot, Ridgy the frog. Next Wednesday’s special teacher learning sessions at Beaumont Hills PS are focussed on building capacity to differentiate learning most effectively for all students in the classroom. A number of our leading teachers will attend these sessions and return to teach other staff these improved skills. We are always working to ensure the teaching that happens in each classroom is an example of best practice so each student’s learning is maximised.

ICAS Spelling & Writing Tests – Tuesday 17th & Wednesday 18th June
The third and fourth of our external tests this year will be held on Tuesday and Wednesday mornings next week. Participating students will complete the tests in classrooms between 9 and 11am. The disruption to normal classes is always minimised during these sessions.

Stage 3 Camp
There’s not long to go until our Stage 3 (Yrs 5 & 6) students head off on their camp in the last week of term. I know there is already much excitement and anticipation amongst the group!

Congratulations to all of the recently awarded ‘Stars’ of each class for the first semester.

Talk to you soon,
Nick Thomson
Deputy Principal
When parents separate

Bella’s mum was worried that her 10-year-old daughter was not coping well with her parents’ divorce. Bella had been a great support for her mum when her dad first left, helping around the house and with the younger children. Now that her mum is feeling better, Bella spends more time in her room and doesn’t want to talk so much. She goes to her dad’s for visits on the weekends, but, lately, she is very grumpy when she comes home. If Bella’s mum asks how the weekend was she just shrugs.

When she asked, “What’s wrong?” Bella said, “Nothing.” But she didn’t look happy. This time Bella’s mum asked again: “Bella, are you sure there’s nothing wrong? You don’t look happy. What’s up?” Bella sighed, “Dad’s got a new girlfriend,” she said. “Now he’ll hardly have any time left for me.”

When parents separate it is stressful for everybody, but it affects parents and children differently. For parents, separation signals the end of the relationship with their primary partner and a change in the parenting role. For most children relationships with both parents continue, but there are often big changes and strong feelings.

Though distress is unavoidable when families break up, most children recover without long-term negative effects. You can help children cope by reassuring and supporting them while they adjust to the separation.

How children react

Sometimes children talk about their strong feelings, but often the way they feel comes out in their behaviour. They may become anxious and want to stay close to their parents. They may be angry or get into conflicts with others more than usual. These are reactions to the sense of loss and powerlessness that most children feel when their parents separate and their family changes.

Some children try really hard to be good. They may be concerned about a parent’s distress, or worry that if they misbehave the parent who has care of them will leave them too. Sometimes children become protective of one parent and blame and reject the other. Children from the same family may respond differently. Their feelings and reactions are likely to become more complicated when one or both parents start a new relationship.
Helping children maintain relationships

- Respect children’s need to continue their relationship with the other parent (unless it is unsafe), as well as with extended family such as grandparents, and support them to do so.
- Try to ensure that visits to the other parent are regular and predictable.
- Help children to see the positives (e.g., two homes, adults not fighting) and to look forward to spending time with the other parent.
- Avoid criticising the other parent to your children. Sort out issues with the other parent rather than involving the children in your disputes. Seek mediation if conflict persists.

Helping children cope

- Reassure children that even though you will no longer live all together as a family, they will not lose your love and care. Offer this kind of reassurance often and back it up with action.
- Explain what is happening as it relates to the child (e.g., where they will be living, how they will get to school). Let them know clearly what and how things will change, and what will stay the same.
- Try to maintain children’s normal routines as far as possible. This helps children feel safer.
- Understand that children find it hard, and acknowledge and encourage them when they are coping well.
- Provide extra support before and after contact visits to help children settle.
- Recognise that it is likely to be difficult for children when you start a new relationship. Counselling can help you learn ways to make this transition easier for children and for yourselves.

Managing your own stress

- Strong feelings and mood swings are part of a normal reaction when you separate.
- Allow time to come to terms with feelings of loss and grief.
- Don’t be surprised if the demands of parenting seem much more difficult when you are under stress. Make allowances for yourself and develop strategies to help you cope.
- Look for support from family and friends. Professional counselling support can be especially helpful for dealing with difficult feelings and finding ways to cope better.

This resource is part of a range of KidsMatter Primary information sheets for families and school staff. View them all online at www.kidsmatter.edu.au

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**WEEK 6 Term 2**

**PRINCIPAL**

School leaders – commitment and enthusiasm in fulfilling their roles

**K DUBLIN**

Caeden, Kuhu, Benjamin, Mackenzie

**K TORONTO**

Aiden, Charlize, Grace, Riley

**1 CAIRO**

Kay-Jay, Ilona, Shaan, Mitchell

**1 PARIS**

Liam, Chais, Manav, Kate

**2 MAUI**

Ahyan, Cameron, Richard, Tegan, Allura

**3 ST PETERSBURG**

Jade, Olivia, Maya, Kieran, Jacob

**4 WASHINGTON**

Gabriel, Hasib, Ryan, Emma, Rhyan

**5 RIO DE JANEIRO**

Sushanna, Pranav, Devansh, Isaac, Isabella

**5/6 DUBAI**

Isabella, Jack, Jackson, Tahlya

**5/6 SALZBURG**

Deniel, Rachel, Tomar, Sakshi

**6 HONOLULU**

Sara, Emilie, Menuja, Amanda, Raashid

**WEEK 7 Term 2**

**PRINCIPAL**

1 Jasper for their amazing writing

**K BULAWAYO**

Max, Alex, Tailor-Jay, Lara

**K LONDON**

Molly, Maddison, Cruz

**1 BRISBANE**

Esté, Luke, Oliver, Jorge

**1 JASPER**

Sahaj, James, Oliver, Liam

**2 BARCELONA**

Omayr, Ansh, Kayvaan, Sarina

**2 KANSAS**

Natasha, Tasmyn, Cameron, Lucas

**3 COPENHAGEN**

William, Cassandra, Alysha, Mackenzie, Charli-Rose, Eishar, Ruby

**3 JUNEAU**

Sophie, Charlotte, Justin, Sasha, Samya, Tom

**4 NEW YORK**

Max, Holly, Ethan, Tishya, Liam

**5/6 MOSCOW**

Pranav, Josh, Evie, Liam

**5/6 PRAGUE**

Josh, Simon, Jacob, Selena, Katrina

**CHINESE**

2 Barcelona
KINDY CAPERS

It was fantastic to see so many students participating enthusiastically in the ‘SRC Dance-a-thon’ last week. They had a great time moving around to different classrooms and experiencing different varieties of music. Don’t forget to get those sponsorship forms back in to help support our school.

It has been great to see Kindergarten students bringing back their homework and readers every Thursday. Please be aware that homework returned after Thursday may not be given out to the following week. Bug club is still continuing as normal. Home readers should be read each day by students and some support may be required from parents.

Please –

- Read each book to students then get them to read it with you. Finally ask your child to read it back to you.
- As well each week, ask students to copy a sentence from the book with correct grammar and punctuation.
- Copy this sentence onto a paper strip, cut it up and ask students to reassemble it.
- On alternate days parents should dictate this sentence to students and get them to write it without looking at it.
- Children should also identify and write sound, sight and camera words found in their reader.

Thank you for the continued support of all our parent helper volunteers who are offering their time to support classroom programs. Please be reminded that it is a requirement that all visitors must report to the school office to sign in and be given a pass before making their way to any classrooms during their time at school.

Our students are continuing to enjoy the ‘Be Skilled Be Fit’ program and the Kindergarten Dance group this term. Money is now due for both programs and needs to be handed in at the office ASAP. Students still need to continue wearing their sports uniforms each Friday.

Have a great weekend!
The Early Stage 1 Team

STAGE 1 SNIPPETS

What a great term it has been so far! We have been very busy learning and assessing so the teachers can report on the achievements of the students in their class. Stage 1 students have also been participating in Be Skilled Be Fit lessons. They have had the opportunity to develop their skills in running relays, throwing discuss, doing high jump and learning lots of athletics skills.

Fantastic fun was had by all students during the Dance-a-thon where we wore mufti and danced with the teachers to lots of different songs.

This term in HSIE the stage 1 student have been studying a different Asian country. The students have been learning about these cultures and comparing them to what they know about everyday life in Australia. It’s amazing how much information the students have learned and how excited they are to share this with others. Students have produced lots of different Asian art this term including architecture watercolours, writing their name in their countries writing, lanterns, dragons and koi fish. It is wonderful to see these artworks brightening up the Stage 1 classrooms.

The Stage 1 Team
PSSA SPORT: TERM 2

STUDENTS PARTICIPATING IN PSSA TEAMS (EXCEPT NETBALL) ARE REQUIRED TO BE AT SCHOOL ON FRIDAY MORNINGS IN TERMS 2 & 3 AT 8.45AM FOR AN 8.50AM SHARP DEPARTURE. IF STUDENTS DO NOT ARRIVE ON TIME THE BUS WILL NOT WAIT AND YOUR CHILD WILL NOT BE PARTICIPATING IN PSSA ON THAT FRIDAY.

WEEK 7 13th June 2014

NEWCOMBE BALL: Rouse Hill Public School

BOY’S SOCCER: Connor Greasby Park

RUGBY LEAGUE: Kellyville Park, Kellyville Field 1

GIRL’S SOCCER: Patterson Reserve, Quakers Hill

NETBALL: Baulkham Hills Netball Courts Commercial Road, Kellyville. Court 4

WEEK 8 20th JUNE 2014

NEWCOMBE BALL: Rouse Hill Public School

BOY’S SOCCER: Russell Reserve

RUGBY LEAGUE: Kellyville Park, Kellyville. Field 2

GIRL’S SOCCER: Patterson Reserve, Quakers Hill

NETBALL: Baulkham Hills Netball Courts Commercial Road, Kellyville. Court 11
ADMINISTRATION NEWS:
Just a reminder to all parents that we are now processing EFTPOS payments. We cannot process EFTPOS payments after 1.00pm. All monies should be put in an envelope in the green box at the office each morning on arrival at school. No monies are to go to the classroom teacher.

ENROLMENTS FOR 2015
We are now accepting local enrolments for 2015 and applications for non-local sibling enrolments.

Dance-a-thon

What a great day!!
On Tuesday 3rd June the SRC held their major fundraiser for the year – the Dance-a-thon. The students and teachers alike had fun dancing to some oldies but goodies such as the Time Warp, Blame it on the Boogie and the Chicken Dance. The students also had the chance to Go-Loco and Get Ridiculous. The K-2 class and the 3-6 class who raise the most money will get a Pizza party. In some classes only a few have returned their sponsorship money so it is anyone’s race at the moment. Please return your money by Monday 13th June.
Thanks Mrs Sayer and Mrs McCarthy.
A BIG THANK YOU TO ROUSE HILL TOWN CENTRE, FOR SPONSORING OUR DANCE-A-THON

Here’s a gift idea for when you have no idea!

Rouse Hill Town Centre Gift Card

Pick up your gift card from the kiosk outside the Information Centre today.
Next P&C Meeting Wednesday 18 June, 7pm in the library.

THANK YOU to all the parents who have paid their voluntary contribution fees so far, and especially to those families who contributed a donation to their fees. These fees, although voluntary, are essential in helping our school provide an outstanding level of service, provide the best resources and as a result attract the best teachers. All invoices were sent home in your child’s bag, if you haven’t received your invoice please contact the school office today.

Annoyingly I am still banging on about bad parking outside the school. On Wednesday afternoon there were 3 cars parking illegally; in the bus zone, on the vacant land and on the corner. Nobody wants their child injured in the street. Please don’t put other people’s children at risk.

We have a highly anticipated event coming up in July. We all love to shop … so why not enjoy lunch and shopping with your school mum friends. Book a ticket on The Great IRPS Shopping Tour. Tickets available on www.flexischool.com.au or email the event organiser at fundraising@irpspc.com

Cheers
Leigh K
The Prez
Ironbark Ridge PS P&C Shopping Tour

FUNDRAISING

10 Warehouses
Shoes
Handbags
Linen
Clothes
And more...
Cafe Lunch Stop
$10 per person

Invite Your Family & Friends
Sunday 27th July
Bookings Essential $40 per person

Bus leaves from IRPS 7.30am till 5pm

Book on FlexiSchools
Or email coordinator fundraising@irpspc.com
CANTEEN

OPENING HOURS -
Monday - 9.00am to 3.00pm
Wednesday - 9.00am to 3.00pm
Friday - 9.00am to 3.00pm

TERM 3 Volunteers Needed

VOLUNTEERS NEEDED TO ENSURE WE CAN DELIVER THE BEST RELIABLE SERVICE TO YOUR KIDS EVERY WEEK ... BOOK TODAY!

Go to www.CareBookings.com.au and enter CODE: YJP98

STUDENT BANKING

STUDENT BANKING IS FRIDAY AT IRPS
Claim your banking prizes when you have 10 tokens.

DID YOU KNOW YOU CAN OPEN A STUDENT BANKING ACCOUNT AT ANYTIME.

PLEASE ENSURE YOUR CHILD HANDS THEIR BANK BOOK INTO THE OFFICE BEFORE SCHOOL STARTS. THANK YOU

Contact studentbanking@irpspc.com for details

UNIFORM SHOP HOURS

OPENING HOURS -
Monday - 8.30am to 9.30am
Wednesday - 2.00pm to 2.50pm
Friday - 2.00pm to 2.50pm

All winter clothes currently in stock except for some sizes in track pants & micro-fibre jackets which are expected to be delivered soon. PSSA Ironbark socks for winter teams only $12
You can help Our P&C raising money just by shopping. When you shop at IGA Rouse Hill with your IGA card points will be added to the Ironbark Ridge P&C account for us to use when we purchase for fundraising events.
COMMUNITY NOTICES:

NSW Waratahs and NSW Rugby are pleased to announce the first of two Future Tahs Clinics being held in Sydney in 2014. Norwest Rugby Club will host this first event on Monday 16th June.

Numbers are limited to 200 places so get your registration in quickly! Register online at http://bit.ly/1ni6Yf3.

Also, 10 members of the NSW Waratahs squad will be at the clinic, showing junior rugby players (ages U6s, U8s, U10s, U12s) some Waratahs skills!

This Future Tahs clinic is open to all junior rugby players and all participants will receive a Future Tahs cap.
For further information T +61 2 8116 9724 | M +61 4 4990 5434 | F +61 2 9323 3470 | W www.rugby.com.au
Learning in the Hills OPEN Day
Come and find out about the latest leisure learning groups and classes

Course Info & Enrolments
Speak to students & tutors
Open Classrooms
Dressmaking
Cake Decorating
Painting
Beads
Arts & Crafts
White Elephant Stall
Book Sale

Fire Brigade
Jumping castle
Police
Headspace
Talk to B.A.C.A.
(Bikers Against Child Abuse)
Lucky Door Prizes
from Boeing Central & Featherdale Wildlife Park

& much more!

Wednesday 9th July
10am - 1pm
at Learning in the Hills
Balcombe Heights Estate
92 Seven Hills Road
Baulkham Hills

Children’s Cupcake Decorating Workshop
10am - 11am
Children can learn to work with fondant and ganache to decorate cupcakes.
LIMITED NUMBERS. $5 per child.
Must pre-book with Hills Community Aid.

Morning tea including devonshire teas, cakes, coffee, tea, etc provided by the Country Women’s Association

FOR MORE INFORMATION
02 9639 8620  enq@hca.org.au  www.hca.org.au
Softball

REGISTRATION

REGISTRATION DATES

Register in person
12 July @ Glenwood shops
19 July @ St Paul's Church
2 August @ Hope Hill Town Centre
or online via website

Register HERE
ONLINE

GLENWOOD,
KELLYVILLE,
THE
PONDS,
STANHOPE,
ROUSE HILL

www.cruisers.softball.org.au

Sunday 20th July
2014

Join in the fun at the
Rouse Hill Billy Cart Derby
& Family Festival

What’s Happening?
Build your own push Billy Cart or borrow one of ours & race it
as a team along the Billy Cart track at Rouse Hill Town Centre.

Great prizes, lots of carnival fun at the Family Festival.

To register for the race simply complete the entry form online at
www.billycartderby.com.au, download your cart construction
guidelines & start building your cart!

Proudly supported by:
AUSTRALIA’S #1 NON COMPETITIVE SOCCER PROGRAM

About Grasshopper Soccer
Grasshopper Soccer is a fun-filled, non-competitive and child focused soccer group that has been operating throughout Australia since 1993.
We offer soccer programs for boys and girls aged 2-12 years that are suitable for all skill levels. The soccer programs offered run for 8 weeks on Tuesday & Wednesday afternoons and Weekend mornings. We run four seasons a year (in line with the school terms).
The programs offered by Grasshopper Soccer provide your child the valuable opportunity to develop existing, and learn new skills, have lots of fun and make new friends.

TERM 3 PROGRAM 2014 - 8 WEEKS
Real Soccer Fun for boys and girls aged 2 to 12 years old

Mite-E Soccer (2-3yo)
A great introduction to Soccer!
Children work with their parents to learn new soccer skills and develop their motor skills! Lots of fun games in a non-competitive environment.
35 minute classes
$100 for 8 weeks

Pint Size Soccer (4-5yo)
Children take their first kicks in soccer! They’ll be introduced to shooting, dribbling, goal keeping and more. Children get to play lots of fun, skill based games. Grasshoppers get introduced to the Pint Size 1x1 Big Game!
50 minute class
$125 for 8 weeks

Intro to Micro (5-6yo)
Micro (6-8yo)
The ultimate challenge for young soccer players! They’ll learn the rules of the Grasshopper Soccer Big Game and develop their skills of passing, dribbling, shooting and more...
Intro - 60 mins $135 for 8 weeks
Micro - 75 mins $145 for 8 weeks

Micro Plus (8-12yo)
This program focuses on skill development and teamwork in preparation for club soccer. Children will enjoy all their favourite soccer based games fine tune their skills as well as play the Grasshopper Soccer Big Game!
75 minute class
$145 incl shin pads for 8 weeks

Venue Information:
Castle Hill - Castle Hill High School, (Castle Street) Sat AM
Kellyville - Bernie Mullane Sports Complex (Morella Avenue) Sun AM
Parramatta - Parramatta Park (Queens Rd Gate, Wentworth Park) Sun AM
Baulkham Hills - Masonic Fields (Seven Hills Rd, Opposite Jasper Rd School) Tues PM
Dural - Dural Public School (222 Old Norwest Rd Dural) Wed PM
Rouse Hill - Rouse Hill High school (105 Witters Road) Sat AM

www.grasshoppersoccer.com.au
ENROLMENT FORM - TERM 3 2014

Child's Name: ___________________________ DOB: ___________ AGE: ___________

Special Needs: ___________________________ Parents Name: ___________________________

Address: ________________________________ P/Code: ________________________________

Suburb: ________________________________ Phone: ________________________________

Address: ________________________________ Mobile: ________________________________

Email: ________________________________

CENTRE (please tick)

☐ CASTLE HILL (Castle Hill High School, Castle Street) - SAT AM
☐ ROUSE HILL (Rouse Hill High School 105 Withers Road—SAT AM
☐ PARRAMATTA (Parramatta Park, Coleman Oval, Queens Rd Gate) - SUN AM
☐ KELLYVILLE (Barnie Mullane Sports Complex, Marella Ave) - SUN AM
☐ EAUHLHAM HILLS (Masonic Fields, Seven Hills Rd) - TUE PM
☐ DURAL (Dural Public School, 622 Old Northern Road Dural) - WED PM

PROGRAM (please tick)

☐ Mite-E ☐ Pint Size ☐ Intro To Micro ☐ Micro ☐ Micro Plus ☐ After School
☐ (2-3yo) ☐ (4-5yo) ☐ (5-6yo) ☐ (6-8yo) ☐ (9-12yo) ☐ (4-12yo)

Term 3, 2014 Information: Term Starts Tues 22nd / Wed 23rd / Sat 26th / Sun 27th July 2014

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<td>Dural Public School - Wed</td>
<td>-</td>
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<td>-</td>
<td>3.40-4.40pm</td>
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<td>$145*</td>
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</tbody>
</table>

Price: $100 $125 $135* $135* $145* $100.00

PAYMENT OPTIONS: CASH, CHEQUE OR CREDIT CARD

Credit Card Payment (*Please Circle) Visa / Master Card (Grasshopper Soccer has a NO REFUND POLICY)

Credit Card Number __________ / __________ / __________ / __________ Exp Date: __________ / __________ $____

ADD Grasshopper Soccer Shirt and Shorts (Enrolment Special $40 - Save $5) $____

ADD Grasshopper Soccer Shirt, Shorts, Socks and Hat (Uniform Pack $55 - Save $12) $____

ADD Grasshopper Soccer Shirt and Shorts (Enrolment Special $40 - Save $5) $____

TOTAL: $____

Parent/Guardian Consent: I hereby authorize Grasshopper Soccer to act on my behalf should my child require medical attention, and release Grasshopper Soccer from any liability for injury incurred by my child at Grasshopper Soccer programs.

Name on credit card: ___________________________ Parent/Guardian Signature: ___________________________

Find us: www.grasshoppersoccer.com.au or see Grasshopper Soccer Hills North West's page for wet weather info and more.
parkwaydiner
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Open 6 days
Friday & Saturday till late
Catering enquiries and bookings
Shop 7 Beaumont Hills Shopping Centre
Contact us 8824 9572
www.parkwaydiner.com.au
ROCK & WATER

This 6 week physical and movement based social skills program is for boys and girls aged between 10-13 years. Rock and Water uses body awareness, self defence and tai-chi movements and a focus on achievement to teach children how to deal with various conflicts that they experience, as well as individual limitations and possibilities.

Physical exercises are positively linked with improved mental and social skills. Children also learn to communicate more effectively, learn to feel, set their own boundaries and to respect others boundaries too. The program begins with simple movements, leading onto boundary and communication exercises and then continues with developing your child's awareness and understanding of self esteem and self confidence.

This program is also suited to children who experience anxiety, bullying or lack of general social skills.

A pre-group assessment with our staff will be required prior to attending this group.

WEDNESDAY 6 August - 10 September 2014 4:00pm - 5:00pm
Address to be confirmed
Cost: $40.00 per child (payable upon registration)

To register or for further information contact Tanya from the Hills Family Centre on ☏ 8805 7288
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School Holiday Gymnastics Clinics
For school aged boys and girls

Come and experience the fun and excitement of gymnastics

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- Olympic Standard Equipment
- Foam Filled Landing Pits
- Trampolines
- Affiliated with Gymnastics Australia and NSW

Full Day Sessions (9.00am-3.00pm) $40.00 per day
Half Day Sessions (9.00am-12.30pm) $30.00 per session

June 30th – July 4th and July 7th – 11th

Term 3 2014
Enrolments Now Being Taken
Classes for Boys and Girls 2 years and above

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