Dear Parents and Friends,

Winter has arrived along with all the snuffles and runny noses. We are all looking forward to the break next week as are many of you. It has been a difficult fortnight with a major technology issue disrupting operations throughout the department. The result of this was the office had no access to email or financial systems for 3 days – naturally during our audit. Although this added extra stress I am happy to say we passed with flying colours. My email was down for over a week. This was difficult as email is the main form of communication in the department and I'm not sure what emails I didn't receive. It is also the way that many things are authorized within the department. We are now back up and running, catching up on work that couldn't be done when the systems were down.

Reports
The Semester 1 report will be sent home on Thursday 27th June. Students have worked hard and the majority of reports will reflect this. Just a reminder that a “sound” level of achievement is the norm. This indicates that your child has achieved the standard that is expected this semester. The report has a “new” look as we have changed over to a new system that gives us more control over its production. The reports are now printed at school instead of with an outside printer. There are a couple of minor changes within the report to bring us in line with DEC policy. There will be no formal interviews as these occurred in Term 1. Teachers are happy, however, to meet with you if you wish – don’t forget to make an appointment.

Relieving Assistant Principal
Many of you will be aware that Mrs Alison Johnson is currently on long service leave. She will be absent for 3 weeks returning in Education Week. An expression of interest was run within the school for the relieving position. I’d like to congratulate Mrs Jenni McCarthy who was the successful candidate. She will supervise Stage 2 in Mrs Johnson’s absence. I’d also like to congratulate the other applicants on their applications. They were of a high standard and the decision was a difficult one.
Multi-cultural Public Speaking Competition
Mrs De Jager was very proud of our competitors at the competition on Tuesday. She came back extremely excited about how well they did and amazed at how well they spoke. Congratulations to all of the students who competed. Smiti V. 6D won her section and will now go on to compete in the Regional finals. Charlotte S. 6D and Alana C. 3J both received Highly Commended. Unfortunately Emma B. 4S did not receive an award on the day but gave her best representing our school against tough opposition.

Education Week
Education Week is Week 3, Term3. Our Open Day will be on Wednesday 31st July and we will be inviting you to join us for our celebrations. Further information will be sent home early in Term 3 but keep the date free if possible. Students will also be performing on Monday 29th July at Castle Towers Shopping Centre.

Buses with Seatbelts
This issue came up at P&C and also in relation to our Stage One excursion. Buses are currently not required to have seatbelts. We do ask the company to send buses with seatbelts where possible, but there are no guarantees. Buses have become a major cost for any excursion, costing approximately $600 a bus. Unfortunately getting coaches for a local excursion would make the cost prohibitive. For any longer excursion, for example camps, coaches with belts are always included. The P&C will forward on this as a concern to the P&C council.

Evacuation Practise
We will be having an evacuation practise on Wednesday 17th July (Term 3, Week 1), weather permitting. We are required to have these twice a year so we can assess our procedures.

I wish all the students a happy and safe holiday. We look forward to their return on Tuesday 16th July.
Anne Forbes
Principal

Deputy Principal’s Report

Star Awards
Congratulations to the winners of our class Star Awards for the first half of the year. Presenting them to you all was a great thrill. I’ve seen a lot of amazing learning going on around Ironbark Ridge in this first semester and look forward to being a part of even more to come. To all who missed out this time… *Be safe, respectful, responsible learners* and you’ll be ‘in the mix’ for selection at the end of the year!

Area Cross-Country
Seven of our school’s amazing athletes represented Ridges Zone at the Sydney West Cross-Country a week or so ago at Penrith. They ran amazingly well and enjoyed the experience. I’m sure you agree they look fantastic in their Ridges Zone Rep shirts…

Great effort from:

Jarrod N, Josh H, Jemma C, Lachlan W, Makkai L, Zack B, and Jayden A
Pies… and fantastic parents!
It was exciting to see the pies arrive today… however the real positive, in my view, was the sight of about twenty members of our school community all lending a hand to support our fantastic school through this delicious fundraiser. I get to see these sights as they occur and I want readers to remember that Ironbark Ridge Public School is so great because we have such a generous, skilled group of parents and teachers all working together for the benefit of the students! Thank you to all who support the school through fundraisers such as this one!

Expert teaching @ Ironbark
Two recent events highlight the exemplary skills of our teaching staff at Ironbark Ridge. Firstly, our own Mrs De Jager and 6D hosted a contingent of staff from other local schools in the Rouse Hill Learning Community for a morning demonstrating cutting-edge technology use in the classroom. They were blown away by the exciting learning and teaching they saw! Secondly, today our school was visited by two staff members from a South African school on an educational tour. Again these teachers were keen to view best-practice teaching and learning in Australian classrooms and took with them many new insights and ideas when they left. Congratulations to all teachers and students involved in these demonstrations. We are extremely fortunate to have Mrs De Jager, Ms Hoggan and many other expert teachers working here at Ironbark Ridge Public School.

Internet access…
Children should be supervised at all times when using computers or electronic devices such as iPods (wirelessly connected to the internet). Allowing them to be used only in living areas of the house where other family members are present seems simple and sensible. YouTube and other websites provide all too easy access to inappropriate games, videos and other materials despite the age/safety settings you may have installed on the device. Set up rules and guidelines in your house for the safety of your children. Be Safe… Be Responsible.

KidsMatter
The school’s Student Wellbeing Team has postponed the collection of parent surveys about the nature of our school community until the start of next term. More information will be sent home then. Thank you.

Stay safe in the holidays and recharge those batteries!

Keep smiling,
Nick Thomson
Deputy Principal
2013, Semester 1 – Star Awards

Harry K KB
Oliver B KD
Indya W KW
Harlan E KW
Leah L KB
Chais D KD
Sienna H KBB
Chelsea G KW
Rebecca M KB
Cooper D KD
Jordan M KBB
Eden Mc KW
Benjamin N KB
Este H KD
Oliver P KBB
Romeo O KW
Isabel R KB
Tori L KD
Grace W KBB
Emerson P KW
Liam V KB
Hannah W KD

Caleb M 3/4P
Evan D 3S
Hayley S 3J
Kellyanne W 3/4P
Mitchel P 3S
Amithi V 3J
Layne C 3S
Isabel W 3J
Tishya P 3S
Ezelle H 3J
Chloe P 3S
Alana C 3J

Avishma L 5/6McG
Jamie T 5/6K
Catherine C 5H
Darcy A 5/6McG
Thomas H 5/6K
Tanya M 5H
Selena C 5/6M
Emilie T 5H
Harry J 5/6S
Audrey W 5H
Lara P 5/6S
Charlotte C 5/6S
Diya C 5H
Sophie M 5/6M
Neha S 5H

Nicola C 1/2C
Kirsten S 1N
Daniel K 1B
Nicola K 1T
Daniel P 1/2C
Declan N 1N
Holly K 1B
Ahyan S 1T
Connor V 1/2C
Taylor W 1N
Kristine N 1T
Keenan M 1T
Natasha P 1N
Eloise M 1N
Sienna P 1B
Lily S 1T
Charlotte P 1N
Aadi D 1B
Thomas W 1T
Jai-Leigh O 3/4P
Tye L 4S
Alice D 4W
Jayden A 3/4P
Hanyi L 4S
Rachel D 4W
Georgia-Rose L 3/4P
Izaac N 4S
Zahrah S 4W
Makkai L 4W
Samuel W 4S
Curtis A 4W
Genevieve V 4S
Sapphrine A 4W

Chloe E 1/2C
Charlotte S 2M
Arden S 2K
Sasha M 2B
Charlotte S 1/2C
Chalise L 1/2C
Andy G 2M
Joshua D 2K
James N 2B
Alicia C 2B
Justin T 2M
Bronte H 2K
Chelsea W 2K
Lucy F 2B
Troy H 2M
Halle S 2M
Charlotte M 2K
Summer J 2B

Anupama P 6D
Jessica P 5/6K
Ally Mc 5/6S
Zara M 5/6McG
Jacey C 6D

Harry J 5/6K
Rebecca C 5/6S
Oskar B 5/6K
Eshna G 6D
Elizabeth A 5/6M
Harry D 6D
Latiesha B 5/6McG
Why finishing 4th beats winning

Everyone wins. We want it for ourselves. We want it even more for our kids. It’s great to see the smiles of satisfaction on a child’s face after winning a game, a race or finishing on top of the pile in any endeavour.

Winning is a good feeling. Winning means they’re doing well. It’s equated with success. It’s a good habit to develop… or so the theory goes.

I beg to differ.
Winning is just one story.

Not finishing first carries emotion too but it’s not necessarily positive.
It’s good for kids to experience disappointment, annoyance and frustration just as it’s good to experience positive emotions.
It’s good to learn when you are young that bad feelings happen, but they don’t last. This is a huge life lesson.
Not winning also teaching kids to link success with effort. It teaches them that perseverance pays off eventually.
Helping kids accept setbacks and unpleasant emotions rather than block them out is the key to building their resilience.

What about the child who never wins?

Some children seem to never win, or hardly ever do. One of my kids always seemed to have 4th place sewn up in any race – just missing a ribbon - except if he was trying to get into a four person relay team. He’d usually finish 5th. As a caring parent it was hard work keeping his chin up year after year. But that’s what you have to do. He eventually stopped doing some of the activities where he struggled in, replacing them with school subjects, sports and activities that more suited his interests and abilities. But not before he learned the value of struggle.
As an adult he can now articulate the disappointment he felt coming close but never quite hitting the winner’s circle; but he can see the value of hanging in there long after others have given up. That’s possibly due in part to temperament, but I suspect in part due to some valuable lessons from not winning, or coming close, when he was young. He knows persistence is one of his strongest assets.

So if you have a child who continually comes 4th (figuratively as well as literally) here are some strategies you can focus on:
1. Encourage liberally: Stanford University professor Carol Dweck (who has written a great deal about this very topic) encourages parents to use process praise ( “You used smart strategies”, “You worked hard on that one”, “You thought long and hard to work that problem out.”) She says this helps kids value effort and work for longer-term results.
2. Focus on struggles, not just on victories: Your focus as a parent reveals your values. If you value effort and struggle then you need to be on the lookout for these so you can applaud them. If winning is all you value, then you’ll focus on that. There is a choice.
3. Share stories of struggle and overcoming adversity: Whether it’s stories from your own life (kids to love to hear when their parents struggled) or stories from news, public or sporting life inspire and encourage kids with the narratives of the struggles of others.
It’s easy as a parent to get caught in the winning trap. We sometimes just get carried along with the hype. But maybe, just maybe, finishing 4th is better for kids in the long-term than always being a winner.

Visit Michael Grose at his website: www.parentingideas.com.au
Week 8
Principal's Award
Yr 1 and Yr 2 Dances for their magnificent performance at the Sydney West Dance Festival

K Blinky Bill
Scarlett, Alex, Manav

K Dreamtime
Ilona, Shaan, Jay

1 Blue Tongues
Dylan, Caleb, Daniel, Charlotte

1 Tassie Devils
Chelsea, Ahyan, Donny

2 Marsupials
Troy, Kieran, Ally, Olivia

3 Jabiru
Preston, Hasib, Rhyam, Alexander, Nataniel, Molly

3/4 Pelicans
Carlo, Ethan, Caleb, Mackensie,

4 Wobbegong
Hayley, Ethan, Veronica, Edward

5/6 Kirribilli
Justin, Luke, Jordan, Aj, Philippa

5/6 Minties
Blake, Mason, Shantelle, Locky, Talia

6 Daintree
Celina, Nathan, Sharoz, Nilesh, Jack, Divya

Chinese: 5/6 Kirribilli

Week 9
Principal's Award

K Walkabout
Harlan, Eden, Romeo

K Budgies
Harry, Isabel, Liam V., Luke

1 Ned Kelly
Eloise, Taylor, Luke, Cameron

1/2 Cassowary
Annaliese, Ishan, Charlotte, Connor, Chloe

2 Kingfisher
Ankana, Jayden, Charlotte, Kushal

2 Bilbies
Jesse, Eishar, Maya, Natasha

3 Surfers Paradise
Jaden, Emma, Romani, Ryan, Kristiana

4 Sturt
Genevieve, Tysonm, Shannon, Taia, Luke

5 Herons
Emilie, Owen, Menuja, Amanda, Anja

5/6 Speedos
Dominic, Maddison, Sarah, Euan

5/6 Magpies

Chinese
2 Kingfisher
WELFARE MATTERS

As dedicated educators at Ironbark Ridge we are constantly seeking ways to improve and meet the demands put upon the education system in today’s world of rapid changes and ever increasing complexity. Education is not simply the acquisition of specific knowledge. It is the critical development of a students’ capacity for autonomous growth, the ability to manage emotions, develop care and concern for others, form positive relationships, make responsible decisions and successfully handle the demands of growing up in today’s complex society.

Social and Emotional Learning refers to the process by which children and adults develop the fundamental social and emotional competencies essential to success in school and in the workplace. It is about developing the ability to care for others, make responsible decisions, establish positive relationships, and handle challenging situations. Students with social skills and emotional awareness generally do better both socially and academically. They become attached to school and motivated to engage in their studies, work well with other children and demonstrate good citizenship, and generally handle both stresses and daily responsibilities more effectively.

If your child makes a mistake and faces consequences as a result, please allow them the opportunity to learn and grow. Children who are not afraid to make mistakes are generally much more willing to try new things and take on difficult tasks. As a result, they’re open to learning more both at school and in other environments. Making mistakes in childhood is expected. In fact even grown-ups make them. What matters is what we do to correct them. Taking responsibility for one's mistakes is where the learning occurs. Parents may want to rush to fix their children's mistakes. In doing so they may deprive their children of the opportunity to learn responsibility. Figuring out how to solve the problem provides an opportunity for your child to learn responsibility and gain confidence in knowing mistakes can be made right, or at least better. Children can gain much pride from knowing they can be trusted to find an adequate solution to a problem they themselves create. When children learn from their mistakes and are encouraged to find creative solutions, they develop problem-solving skills that last long into the future.

Multicultural Perspectives Public Speaking Competition

On Tuesday I had the wonderful opportunity of attending the NSW Department of Education and Communities ‘Multicultural Perspectives Public Speaking Competition’ at Rouse Hill Public School with four of our amazing students. There were a number of schools who participated in the competition making it a strong and competitive field. Emma and Alana from Stage 2 were the first to deliver both their prepared and impromptu speech. Both girls were outstanding showing incredible public speaking skills by engaging their audience, using strong speaker voices and displaying great confidence. They certainly stood out from the crowd in a very strong field.

Our Stage 3 competitors Smrithi and Charlotte delivered their prepared and impromptu speeches in a natural and relaxed manner. Their content was solid and presented a strong purpose and clear direction. Indeed a unique and striking performance. Both girls presented at a level well beyond their years. I can’t express how proud I was of all the girls. Their behaviour was exemplary and their skill exceptional. They showed outstanding sportsmanship and support for their fellow contestants which resulted in some lovely friendships being formed. We came away from the competition with two highly commended placements for Alana and Charlotte and an overall winner in the Stage 3 category by Smrithi.

Congratulations to each of the four girls. You did an outstanding job!

Mrs De Jager
Canberra Excursion – National Capital excursion article:

Students from our school have recently undertaken an educational tour of the national capital. While on this tour they participate in a variety of educational programmes focused on Australia’s history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit their National Capital as part of their civics and citizenship education. To assist you (the parent) in meeting the cost of the excursion the Australian Government is contributing funding of $20 – per eligible student under the Parliament and Civics Education Rebate (PACER) programme toward the travel expenses incurred. This contribution will be paid directly to the school upon completion of the excursion.

We would like to thank the Australian Government for their support of this program.

We hope that the excursion was a rewarding experience for all students.

Learning and Support Teacher Update – Mrs Robson

It has been a very busy year to date with the implementation of many new and exciting programs across the school to support children with their learning and development. Each newsletter over the next few issues will include an overview of some of the wide variety of programs and interventions that are currently being provided at Ironbark Ridge P.S. Please look out for these and if you would like to further discuss any intervention programs do not hesitate to contact either myself or Mr Thompson.

Fountas & Pinnell: Levelled Literacy Intervention Program:
The Levelled Literacy Intervention (LLI) program is an intensive, evidence-based early intervention system for students who require extra support in Reading and Writing. This program focusses on the fundamental Principals of the Response to Intervention model. Mrs Robson implements this program with small groups of students (3-4 students maximum) for 3 x 30 minute sessions/week. The students who are selected to participate in this program have been identified through the Learning and Support Team after referral from their Classroom Teacher and Stage Supervisor. It is anticipated that after participation in this program, students will have greater success with accessing the curriculum at classroom level with the provision of some appropriate accommodations and adjustments. The length of student participation in this program depends on the individual learning needs of each student and their acquisition of the taught reading and writing strategies.

Opportunity Class (O.C)/Year 2 Peer Tutoring Program:
This is a year-based targeted intervention that commenced last week. The O.C. students have been paired up with year 2 students (1:1 or 1:2 ratio) and will be tutoring these students for 3 x 20 minute sessions/week. The O.C. students have been trained to provide support with sight word recognition and retention, writing and using sight words in sentences as well reading to develop fluency. All Year 2 and O.C. students participate in this program. This program will be reviewed twice a term and appropriate modifications will be made accordingly to skills and strategies being reinforced by the tutors.

KINDY CAPERS:

During the holidays it is difficult to find twenty minutes to practise reading and writing but never fear, where there is a will there is a way. Research suggests that reading and writing environmental print can help early readers and writers embed what they already know. On roadsides, in coffee shops, shopping centres and in junk mail, magazines and newspapers there is a plethora of text for young readers and writers to practise their skills. Headlines may be cut up and reassembled. Sentences, letters and words may be read and when it comes to writing, doing ‘Fancy Letters’ is an old favourite for practising words and letters. Simply choose words or letters from signs, pamphlets and menus and get your children to
reproduce them with flair. Slip a few pieces of scrap paper and some wind up crayons into your bags and backpacks. beautifully decorated, laminated words about interesting places you have been will be valued additions to albums and scrap books and make great novelty pieces to hand over to your children at 18th birthdays.

One great place to visit during the holidays is the Rouse Hill Library to take advantage of their great selection of levelled readers. Spending time reading with children establishes great habits. Regularly visiting a library is an activity that your children can enjoy not only in childhood but literally for the rest of their lives. Libraries are such vibrant places and not only in terms of their books and magazines. Today authors and experts regularly present talks on a myriad of topics. At Rouse Hill the reading nooks are a great place to sit and enjoy a book with your children and their friends.

In response to enquiries about writing we are including a few tips to help families assist early writers. When practising words that can be sounded out, it is first best to get your child to say the word they want to write. Then before writing ask your child to say the word stretching it out, for example ‘paaaat’. Next ask what they can hear? Initially children hear beginning and end consonants first and medial vowel sounds last. Record the sounds they can hear and modelling the articulation for them, get them to repeat it after you again and record the vowels for them. After a while they will begin to hear and record the sounds for themselves.

In Term 3 Kindergarten students will start to receive weekly homework. Please provide your child with an A4 lined homework book that doesn't have a spiral spine. Kindly cover and clearly label homework books including first and surnames and class. Please send in homework books by the end of Week 1 Term 3 as homework will start in Week 2. In all Kindergarten classes homework will be sent home on Friday and returned on Thursday of the following week. The same will now apply to Home reading. Bug Club will continue.

Have a happy and safe holiday!

The Early Stage 1 Team

CHINESE NEWS:

Nǐmen hǎo! 你好
It has been a very short term but a busy one nonetheless. Students have been learning more vocabulary that they can use to talk about themselves as well as their family. Kindergarten have been absolutely amazing! Their first semester of Chinese and they already know greetings and introductions, numbers to 10, colours, and family. And they love to practice!! It is so rewarding to have them come and speak to me in the playground in Chinese. Their enthusiasm is infectious! They've even started teaching their classroom teachers.

Stage 1 have learned about similar topics with the addition of Chinese New Year and the animals of the Chinese Zodiac. They have begun writing numbers in Chinese characters.

Stage 2 have progressed very well this semester with greetings and introductions, feelings, numbers to 30, pronouns, months of the year and the date, Chinese New Year and the animals of the Chinese Zodiac. They are also reading and writing a range of Chinese characters.

Stage 3 have also shown a great improvement in their vocabulary this term, speaking and writing about themselves, their family and friends. They are using formal and informal greetings, introducing themselves and conversing with a new friend, counting to 100 and using a range of adjectives to describe personality and looks.

Overall a lot of progress has been made in all Stages and best of all we've had a lot of fun along the way.

Have a wonderful holiday!

Mrs Przyrembel – Chinese Teacher K-6
STAGE 1 SNIPPETS:
We have had another busy term filled with learning. We have made our own shelters and discussed what makes a good shelter and the elements we need to consider when making or shelters. The Year Ones and Twos have also been experimenting with mixing liquids and solids to see what occurs and without a doubt sherbet and goop were the clear favourites. All of the children are extremely excited about going to the stage play ‘Room on a Broom’ this Thursday. It has been wonderful to study a multi-modal text. We are looking forward to Term 3 and the interesting topics we will be studying.
Year 1 Dance Group
Thank-you to all of the wonderful Mums who helped to dress and apply make-up before our performances. A huge thank-you needs to be given to Mrs Louise Large who sewed all of the girl’s skirts, Mrs Jenkin and Mrs Titow who cut out the girl’s skirts and to Mrs Wells who made the boy’s costumes. We would like to thank these wonderful parents and grandparents for the generosity! We look forward to performing our dance for the wider school community at Open Day.
Mrs Nahirny and Miss McDonald

STAGE 2 SNIPPETS:
In Science, year 4 students have been learning all about the human body. Recently, we have been studying how the heart works. To make this a more ‘hands-on’ learning experience, we dissected lamb hearts and had a really close look at the inner parts of the heart. The students were so excited and involved in the activity. I think we may even have a few budding heart surgeons amongst us!! Well done year 4!!

First, we viewed the hearts as a whole class. We looked at the vertical and the horizontal cross-sections.

Then, it was the student’s turn! On went the latex gloves, and time to investigate the hearts!

Dr Aiden, Dr Neha, Dr Jack, Dr Taia, Dr Genevieve, Dr Damon and Dr Tyson!
From the Stage 2 team!
STAGE 3 SNIPPETS:
As the winter chill descended, Stage 3 students continued with numerous interesting activities. Charlotte and Smrithi participated in the Multicultural speaking competition, our debaters have been debating, the ‘Pulse’ choristers have been singing, the PSSA participants have been playing, our students have been learning! The Great Barrier Reef and Rainforests have been thoroughly studied, analysed, re-created, defended, explored and documented. It is exciting to see the enthusiasm and curiosity bubbling out of our students who, are focussed on being respectful, responsible and safe learners. No doubt though, they are all looking forward to a well-deserved holiday, as are their teachers.

Last week, a number of teachers from the Rouse Hill Learning Community visited the 6D and 5H classes to see an example of “Writing in Action” but from a different perspective. Using various media formats, the work these students presented was fantastic! They did our school and community proud. We also had international visitors – a principal and a deputy from a prestigious South African school. They were interested in comparing education systems and seeing how technology is integrated into Australian schools. They were most complimentary about our beautiful school.

Our Year 6 students are currently selling chocolates as part of their fundraising campaign. Thank you to everyone for supporting them in their endeavour.

We wish you all a happy and healthy holiday. Thank you too, for your continued support.

Stage 3 Team
Mrs De Jager, Mrs Sayer, Miss Dalli, Miss McGill, Miss MacDonald, Ms Hoggan.

SPORT:

Shout out to the wonderful P&C for our awesome soccer jerseys. We love them! Thank you so much - now we definitely look like a soccer team.

Mrs Sayer
PSSA SPORT:

Week 9  28.06.2013

NO PSSA - LAST DAY OF TERM 2

ADMINISTRATION NEWS:
Please remember to put all notes with money in a sealed envelope. As you can imagine, the volume of money coming into the office makes it difficult if it is not in an envelope. Notes and payments should be handed into the office or placed in the Green Box on the reception counter, before school each day.
Thank you
Admin. Staff

ENROMENTS FOR 2014
Applications for Non Local Kindergarten Enrolments for siblings need to be handed into the Office A.S.A.P.

Enrolments for our In Area Kindergarten Students for 2014 are now also being accepted.
PERTUSSIS (WHOOPING COUGH)

There has been a case of whooping cough at our school. If your child has any of the following symptoms please see your doctor and also contact the school.

What are the symptoms?
Pertussis usually begins just like a cold, with a runny nose, tiredness and sometimes a mild fever. Coughing then develops, which may occur in bouts, sometimes followed by a deep gasp (or “whoop”), especially in unvaccinated children. People may vomit after a bout of coughing. Pertussis can be very serious in young children, especially those under 6 months of age. Complications can include pneumonia, brain damage from lack of oxygen suffered during bouts of coughing, and death. Older children and adults tend to have a less serious illness, but they can still have persistent coughing that may continue for several weeks, regardless of treatment.

How is it treated?
a recommended antibiotic – usually azithromycin for 5 days, or erythromycin or clarithromycin for 7 days is used to treat pertussis. These antibiotics can prevent the spread of the infection to other people. People often continue coughing for many weeks despite treatment, but they are no longer infectious after 21 days, or after completing a five day course of antibiotics.

SCHOOL BANKING DAY REMINDER:

Don’t forget that Friday is School Banking day and students should bring in their weekly deposit. For every deposit made at school, no matter how big or small, students will receive a cool Dollarmites token. The first token will be received upon the first deposit at school. Once students have individually collected 10 tokens they can then be redeemed for a range of great, exclusive reward items in recognition of their continued savings behaviour.

Thank you for supporting the School Banking program.

P&C/FUNDRAISING AND CANTEEN NEWS:

Wow who would have thought a 9 week term could be so frantic! This term our awesome teachers took our cute year 1 and year 2 students to the Sydney West dance contest. Thank you all involved for giving up your personal time to give our kids an experience of a life time. And our other awesome teachers in years 5 and 6 took our big monkeys to Canberra. I think hoarse voices, scruffy hair and dark bags were all the signs of a brilliant trip. The kids had a great time too. Thanks to our wonderful stage 3 teachers. There was even a disco in there too ... Whoa!

This month your P&C were very busy little beavers. We introduced a new student sports representative policy for students representing IRPS. We also introduced a documentation policy to support financial decisions voted on in the P&C meetings. And we joined the Sydney West District Council of P&C Associations. Also this month we committed $3000 per semester towards technology resources and new readers each, to ensure our kids always have the best of technology and literacy resources. This ongoing commitment is our primary focus for ongoing fundraising, so you know your hard earned contribution is going towards critical learning areas.

Other great things your P&C members supported this term were new uniforms for the super girls PSSA soccer team, new chairs for our teachers to ensure their comfort and therefore the betterment of teaching time for our little peeps. You will also see new signage around the school in Term 3, such as a large crest for the front wall of our entrance, new sport house banners in the hall and a big new Honours Board to showcase our pride in our school. We also launched the new online canteen rostering system (carebookings.com) that in conjunction with the new canteen rostering coordinators Lisa and Jackie, saw our volunteers for Term 2 book out with more than 3 weeks to go till the end of term.

Our student banking continued to grow, and our fundraisers delivered incredible results with Earn and Learn as well as the ever popular Pie Drive. But Term 3 is the big planning month for our upcoming major fundraiser - the Trivia Night on 26 Oct.
The most fun this term has just started online with a hotly contested cooking challenge with recipes from the IRPS Favourites Cookbook, we have enjoyed a delicious Beef Provencal Casserole and Chicken Paella ... The baking queens are eagerly awaiting Sweets Week. We want to see some men chefs joining in too.

Term 3 is already set to be big and we look forward to your input and involvement. Oh and thanks for all the wonderful support and positive feedback I have been receiving. It means a lot to know you are happy with our efforts.

Leigh Kostiainen
IRPS P&C President

UNIFORM NEWS:
** GIRLS TUNICS HAVE ARRIVED **
The girls winter tunics that were out of stock this term have finally arrived. They will be available in the uniform on Friday 8:30 - 9:30am. Thanks for your understanding of a situation that was out of our control. Flexischools has been updated to show stock now available too.
The uniform shop will be closed during the school holidays. We will return to normal operating hours in term 3 from Tuesday, 16th July. Note this is the first day back at school.

STUDENT BANKING:
Last Student Banking Day for Term 2 is this Friday.
All students who have ordered prizes with their tokens will receive them soon. They have been ordered. Every deposit made each week earns a token whether they bank $1 or $10, and every ten tokens can be redeemed for fun prizes.
If your children want to be involved in Student Banking simply open a Dollarmites or YouthSaver account at the CBA in Town Centre during the holidays.
In term 3 send in their bank book and deposit on Friday mornings to the office. The bank book will be returned to students on Monday with a new token inside.

Happy banking.
And happy holidays from all of us. Enjoy your pies 😊

CANTEEN NEWS:
Hi everyone,
Thank you to all of our amazing volunteers who have given up their time to work in the canteen during term 2! It really is a great way to see your little ones face during school time and get to know some mums and dads at school. We have had a lot of new faces this term which has been fantastic and greatly appreciated.
As the term 2 roster comes to an end, we are encouraging people to start thinking about and booking in their preferred days and times for Term 3. We have a new system up and running through www.carebookings.com.au – it's nice and easy to work with, simply go to carebookings.com.au (or via the school app), enter the code YJP98, a token will come to your email address to enter and then select the day/s and time/s that suit you.

If you would like to volunteer in the canteen but are having difficulty with CareBookings or just don't feel comfortable using it, we definitely don’t want to miss out on seeing your smiling face, so send us an email at ironbarkridgeps.canteen@gmail.com or alternatively call/text Lisa on 0488 083 810 or Jacqii on 0410 678 867.

Lisa Bakhos
Canteen shifts that need filling in Term 3:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time Frame</th>
<th>People Needed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednes 24th July</td>
<td>8.45-10.45</td>
<td>3 people</td>
</tr>
<tr>
<td></td>
<td>10.45-12.45</td>
<td>3 people</td>
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<tr>
<td></td>
<td>12.45-2.45</td>
<td>3 people</td>
</tr>
<tr>
<td>Wednes 31st July</td>
<td></td>
<td>Open Day – we will need volunteers to help serve over the counter during lunch.</td>
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<tr>
<td>Wednes 28th August</td>
<td></td>
<td>1 person 8.45-10.45</td>
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<td></td>
<td></td>
<td>1 person 10.45-12.45</td>
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<td></td>
<td></td>
<td>1 person 12.45-2.45</td>
</tr>
<tr>
<td>Monday 5th Aug</td>
<td>10.45-12.45</td>
<td>2 people</td>
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<tr>
<td></td>
<td>12.45-2.45</td>
<td>1 person</td>
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<tr>
<td>Friday 9th Aug</td>
<td>8.45-10.45</td>
<td>2 people</td>
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<tr>
<td>Monday 12th Aug</td>
<td>10.45-12.45</td>
<td>1 person</td>
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<tr>
<td></td>
<td>12.45-2.45</td>
<td>1 person</td>
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<tr>
<td>Wednes 14th Aug</td>
<td>8.45-10.45</td>
<td>2 people</td>
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<tr>
<td></td>
<td>10.45-12.45</td>
<td>2 people</td>
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<tr>
<td></td>
<td>12.45-2.45</td>
<td>2 people</td>
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<tr>
<td>Monday 19th Aug</td>
<td>10.45-12.45</td>
<td>2 people</td>
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<tr>
<td></td>
<td>12.45-2.45</td>
<td>2 people</td>
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<tr>
<td>Wednes 21st Aug</td>
<td>8.45-10.45</td>
<td>2 people</td>
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<tr>
<td></td>
<td>10.45-12.45</td>
<td>2 people</td>
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<tr>
<td></td>
<td>12.45-2.45</td>
<td>2 people</td>
</tr>
<tr>
<td>Friday 23rd Aug</td>
<td>8.45-10.45</td>
<td>1 person</td>
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<tr>
<td>Monday 26th Aug</td>
<td>8.45-10.45</td>
<td>1 person</td>
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<tr>
<td></td>
<td>10.45-12.45</td>
<td>2 people</td>
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<tr>
<td></td>
<td>12.45-2.45</td>
<td>1 person</td>
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<tr>
<td>Wednesday 26th August</td>
<td>8.45-10.45</td>
<td>1 person</td>
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<td>10.45-12.45</td>
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<td></td>
<td>12.45-2.45</td>
<td>1 person</td>
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<tr>
<td>Monday 2nd Sept</td>
<td>10.45-12.45</td>
<td>2 people</td>
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<tr>
<td></td>
<td>12.45-2.45</td>
<td>2 people</td>
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<tr>
<td>Friday 6th Sept</td>
<td>8.45-10.45</td>
<td>3 people</td>
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<td></td>
<td>10.45-12.45</td>
<td>2 people</td>
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<tr>
<td></td>
<td>12.45-2.45</td>
<td>2 people</td>
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<tr>
<td>Monday 9th Sept</td>
<td>10.45-12.45</td>
<td>1 person</td>
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<td></td>
<td>12.45-2.45</td>
<td>1 person</td>
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<tr>
<td>Wednesday 11th Sept</td>
<td>8.45-10.45</td>
<td>2 people</td>
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<td></td>
<td>10.45-12.45</td>
<td>2 people</td>
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<tr>
<td></td>
<td>12.45-2.45</td>
<td>2 people</td>
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<tr>
<td>Monday 16th Sept</td>
<td>10.45-12.45</td>
<td>2 people</td>
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<td></td>
<td>12.45-2.45</td>
<td>2 people</td>
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<tr>
<td>Wednesday 18th Sept</td>
<td>8.45-10.45</td>
<td>1 person</td>
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<td></td>
<td>10.45-12.45</td>
<td>1 person</td>
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<td></td>
<td>12.45-2.45</td>
<td>1 person</td>
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<tr>
<td>Friday 20th Sept</td>
<td>8.45-10.45</td>
<td>1 person</td>
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</tbody>
</table>
COMMUNITY NOTICES:

Carmalt Conveyancing can offer legal and technical excellence when buying or selling property within New South Wales. We have genuine knowledge of the property industry and the people within it.

We offer after hours appointments for our busy clients at a location convenient to you.

Our areas of practice include:

- sales and purchases
- off the plan developments
- property development
- mortgage contracts
- retirement villages
- first home purchases
- commercial and retail leasing
- property division

info@carmaltconveyancing.com.au
www.carmaltconveyancing.com.au
 t: 8314 6400  f: 8314 6411
Licence no: 1053796

SUMMER BASEBALL
JOIN A FUN, SAFE NON-CONTACT SPORT
MAKE NEW FRIENDS
BECOME THE NEXT MAJOR LEAGUE ALL-STAR!

COMPETITION IS FOR ALL AGES
6-17 JNR COMP
U/6 CUBS PROGRAM
OVER 17 SENIORS COMP

REGISTRATIONS
ROUSE HILL TOWN CENTRE
SATURDAY 20TH JULY
SUNDAY 21ST JULY
HILLS CENTENARY PARK
SATURDAY 27TH JULY
SUNDAY 28TH JULY

FOR MORE INFORMATION
CHRIS
0481 324 437
OR
KAREYN
0408 998 090

OR REGISTER ONLINE AT
WWW.WILDCATSBASEBALL.COM.AU
UNIVERSITY OF WESTERN SYDNEY
PENRITH OBSERVATORY

School Holiday Kids Astronomy Programs
JULY 2013

Family Astronomy Nights - Saturday 6 & 13 July (7pm – 9 pm)
Hitchhikers Guide to the Universe
These nights will include a visual presentation, a 3D astronomy movie and viewing of the night sky through the University’s 0.6m and 0.25m telescopes. Our programs run regardless of the weather.

Kids Fun Day - Wednesday 10 July (10 am – 12 noon)
Fun with the Sun –
The sun makes life possible – come along and find out about our nearest star. In addition to a short presentation you will be able to watch a 3D astronomy movie, water rockets being launched or safely do some sun spotting through the University’s computerised telescopes.

Cost: $15 adult, $10 child/concession and $40 family.
Bookings are essential: Book online: www.uws.edu.au/observatory, What’s On
Enquiries: Phone (02)4736 0135 or email r.mccourt@uws.edu.au

Roslyn McCourt | Administrative Officer
School of Computing, Engineering and Mathematics
Locked Bag 1797, PENRITH NSW 2751 | Tel: 02 4736 0135
Email: r.mccourt@uws.edu.au | www.uws.edu.au/observatory
Office Hours: Mon, Wed and Thurs 8.30 am - 3.00 pm
OPERATION WINTER WARMERS

Donations of soup cans and/or non perishables and blankets needed.
Door-To-Door Collection on Saturday 22nd June 2013

LET'S SHOW THEM THAT SOMEONE CARES

Public Drop-Off Point - Mile End Community Church, 21 Mile End Road, Moseley Hill
info: oralge@mileend.org.au | t: 0406 194 965

Unless someone like you cares a whole awful lot, nothing is going to get better.

-Dr. Seuss

Connecting with each other and supporting each other are a core part of what Mile End Community Church (MECC) is about. We believe community is vital and Operation Winter Warmers is another way we are providing opportunities for people to achieve social, emotional, physical and spiritual health. This winter, we encourage you to join us in bringing comfort to the many in our community who are down on their luck. Let’s share a little of what we have, to make a big difference in someone’s life.

A little soup and a warm blanket will go a long way. Please be sure to give this June.

www.mileend.org.au
July School Holiday Workshops

All workshops $12 each

Ages 10-16

Thursday 11 July

These school holidays the Hills Shire Council will be running a range of creative and performing arts workshops at Castle Grand Community Centre on Thursday 11th July 2013 for ages 10-16 years. All workshops are $12 each and bookings can be made online via the details below.

Photography

with Garfield Darlington. Workshop will be run in the Garden Room (participants are required to bring their own dslr camera)

10am-12pm | Maximum 10 participants | BOOK ONLINE at www.july2013photography.eventbrite.com.au

Guitar & Ukulele

with The Hills Shire Music School. Workshops will be run in the Pioneer Room 2 | 10am-11:30am & 12:30-2pm

(both workshops are suitable for beginners)

Maximum 10 participants per session

BOOK ONLINE at www.july2013music.eventbrite.com.au

Acting

with Sydney Talent Company. Class will be run in the Pioneer Room 1

12:30-2pm | Maximum 25 participants

BOOK ONLINE at www.july2013acting.eventbrite.com.au

Hip Hop Dance

with Rhiannon Villareal (from the hit TV shows "So You Think You Can Dance" and "Australia's Got Talent"),

Class will be run in the Rebellion Room | 11am-12:30pm

Maximum 25 participants

BOOK ONLINE at www.july2013dance.eventbrite.com.au

MORE INFORMATION

VISIT www.thehills.nsw.gov.au | CALL 9843 0149

LIKE us on Facebook www.facebook.com/HillsHypeYouth

Thank you to our sponsor:
Family Fun Day

All families welcome to join us on Tuesday 2 July for a morning of activities, including:

- Police
- Biscuit decorating
- Beading
- Craft and Art
- Jumping Castle
- Fire Engine

And more

DATE 2 July 2013
TIME 10 am—1 pm

WHERE
92 Seven Hills Road Baulkham Hills—Turner Buildings

More Information
cdw2@hca.org.au
9639—8620

Hills Community Aid
Providing Support Since 1989
Time Out! for Parents

Enjoy a break at the shops while we provide fun activities for the kids!

Where: Community Centre (above the library) at Rouse Hill Town Centre
8 - 10 July: 10am – noon
Age: 4 year-old to Year 6
Cost: Gold coin donation

Provided by:
Rouse Hill Bible Church
Contact: Ben Kwok
Phone: 0431 662 544
www.rousehillchurch.com

Go4Fun

FREE fun after school program for kids to become fitter, healthier & happier

REGISTER NOW FOR NEXT TERM

1800 780 900
www.mendcentral.org/go4fun

NSW Health
Western Sydney Local Health District
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**Jiggle ‘n’ Jam**

**Early Childhood Music**

Music Classes for Pre Schoolers!

Jiggle ‘n’ Jam is a high quality music program where children are immersed in multi-sensory activities that enable them to experience the core foundations of music.

Children move, sing, listen use percussion and other fun activities!

**First lesson free trial**, places strictly limited!

Classes on offer in term 3 at Rouse Hill and Stanhope Gardens

Ages 2 to 4 years (flexible)

**Phone:** 0402 854 536
**Email:** jigglenjam@exemail.com.au

**Jiggle ‘n’ Jam with Miss Rhiannon**
School Holiday Gymnastics Clinics
For school aged boys and girls

Come and experience the fun and excitement of gymnastics. Positions now available at Winston Hills and Seven Hills Centres

- Fun in a safe and structured environment
- Qualified and Professional Coaches
- Olympic Standard Equipment
- Foam Filled Landing Pits
- Trampolines
- Affiliated with Gymnastics Australia and NSW

Full Day Sessions (9.00am-3.00pm) $40.00 per day
Half Day Sessions (9.00am-12.30pm) $30.00 per session

July 1st – 5th and July 8th – 12th
BOOKINGS ESSENTIAL

Term Enrolments Now Being Taken
Classes for Boys and Girls 2 years and above

Book now on 9620 8323 or sydacgym@hotmail.com
Unit 7/32 Artisan Rd Seven Hills
and
Unit 5/1a Gibbon Rd Winston Hills
www.sydneygymnastics.com.au
BodyTone

Exercise class for women
Rêve Health & Fitness is bringing BodyTone to the Hills District in 2 locations. Strengthen and tone your entire body!

**Thursdays @ Rouse Hill Community Centre 9.30am starting 18th July**

**Fridays @ West Pennant Hills Community Centre 9.30am starting 19th July**

All fitness levels welcome, child friendly facilities.

Casual rate - $15 per class
5 class pass - $13 per class (total $65)
10 class pass - $10 per class (total $100)

To find out more about the benefits of a BodyTone class, visit: [www.revefit.com/bodytone](http://www.revefit.com/bodytone) or call Suzie 0408 672 456

A social and fun way to strengthen and firm up your entire body
# Ironbark Ridge Public School Calendar

## Term 3 2013

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>15/7</td>
<td>16/7 Students return</td>
<td>17/7 Assembly 2pm</td>
<td>18/7 Newsletter</td>
<td>19/7 Student Banking</td>
</tr>
<tr>
<td></td>
<td>(No students)</td>
<td></td>
<td></td>
<td>PSSA weekly – Rnd6</td>
</tr>
<tr>
<td>22/7</td>
<td>23/7 Assembly 2pm</td>
<td>24/7 Assembly 2pm</td>
<td>25/7</td>
<td>26/7 Student Banking</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>(Banking sign-in day)</td>
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<tr>
<td>EDU</td>
<td>30/7 ICAS English Test</td>
<td>31/7 OPEN DAY BOOK FAIR</td>
<td></td>
<td>1/8 IRPS Athletics Carnival @ Centenary Oval</td>
</tr>
<tr>
<td>WEEK</td>
<td></td>
<td></td>
<td></td>
<td>Newsletter</td>
</tr>
<tr>
<td>5/8</td>
<td>6/8 Pulse Choir rehearsal</td>
<td>7/8 Assembly 2pm</td>
<td>8/8 Pulse Choir rehearsal</td>
<td>9/8 Student Banking</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>Milo Cup Cricket</td>
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<tr>
<td>12/8</td>
<td>13/8 ICAS Maths Test</td>
<td>14/8 Assembly 2pm</td>
<td>15/8 Newsletter</td>
<td>16/8 Student Banking</td>
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<tr>
<td></td>
<td>Kinder Farm Excursion</td>
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<td>PSSA weekly – Rnd9</td>
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<tr>
<td>19/8</td>
<td>20/8 Assembly 2pm</td>
<td>21/8 Assembly 2pm</td>
<td>22/8</td>
<td>23/8 Student Banking</td>
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<td>PSSA weekly – Rnd11</td>
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<td>26/8</td>
<td>27/8 Assembly 2pm</td>
<td>28/8 Assembly 2pm</td>
<td>29/8</td>
<td>Fathers’ Day stall</td>
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<tr>
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<td>Kinder 2014 Parent Information Evening</td>
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<td>Newsletter</td>
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<td></td>
<td>30/8 Student Banking</td>
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<tr>
<td>8/9</td>
<td>3/9 Walk-a-thon – school fundraiser</td>
<td>4/9 Assembly 2pm</td>
<td>5/9</td>
<td>Ridges Zone Athletics</td>
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<tr>
<td>9/9</td>
<td>10/9 Assembly 2pm</td>
<td>11/9 Assembly 2pm</td>
<td>12/9 Newsletter</td>
<td>13/9 Student Banking</td>
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<tr>
<td>16/9</td>
<td>17/9 Assembly 2pm</td>
<td>18/9 Assembly 2pm</td>
<td>19/9</td>
<td>20/9 Student Banking</td>
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<td>Last day of Term 3</td>
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<tr>
<td></td>
<td>Election BBQ</td>
<td>Bunnings BBQ</td>
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